



## DIY Duckbill Mask

1. Cut 4 pieces of fabric using pattern above. (I used 2x cotton t shirt for exterior, 2x cotton/poly blend for inside.)
2. Cut 2 pieces filter material. I used furnace filter with MERV 13 (1.0 - 0.3  $\mu\text{m}$  particle size) (optional)
3. Cut 2 x 9 in elastic band
4. Cut 6 in bendable metal (I used aluminum weather flashing, but 12 gauge copper wire, wired ribbon, aluminum takeout works.)
5. Sew along top of outer fabric, inner fabric, filter. (right side fabric facing each other).
6. Flip right sides of fabric out. Center bendable metal along top and sew into place.
7. Place upper and lower portions of duckbill together outside fabric facing inward.
8. Place elastic near top as shown above.
9. Sew sides and bottom together.
10. Wash your hands and don't touch your eyes or nose.
11. Can clean by steaming in insta pot (without your meal).