


- 1) Prepare ties per directions.
- 2) Cut 2 mask pieces on fold.
- 3) Fold each piece wrong sides together and sew (backstitch) upper and lower pleats.
- 4) Open up mask pieces and press top and bottom pleats flat with the pleat seams in the center.
- 5) Edge view: 
- 6) Select the piece to be used for the inner mask. Fold over $\frac{1}{4}$ " twice, press, and stitch. This finishes the top edge of the inner mask.
- 7) Place mask pieces wrong sides together. Pin side pleats, bringing dotted lines to solid lines. (see arrows at side of pattern)
- 8) Working with the inner side of mask up, sew prepared binding to each side. Use $\frac{1}{4}$ " seams (this will eliminate trimming).
- 9) Turn mask over and topstitch binding in place. This will finish the sides of the mask.
- 10) Cut remaining prepared binding in half. Mark center of each piece. Line one center up with the pleat stitching on the inside mask bottom. Sew binding to mask, then turn over and edgestitch/top stitch the binding. This finishes the mask bottom.
- 11) Take remaining binding and line up the marked center with the stitched pleat on the wrong side of the raw top edge. Sew to raw edge, taking care not to catch the finished edge in the stitching. Trim seam allowances to a scant $\frac{1}{4}$ ".
- 12) Turn mask over and edgestitch/topstitch the remaining binding. Voila! A mask you can now insert an N-95 mask or other filter into.

This pattern was developed by Jessica Nandino, RN and modified by S.Pishioneri, RN. It is to be used exclusively for the making of HCP masks by home sewists for use by medical personnel during the current COVID-19 crisis. Please refer to current CDC or institutional guidelines for use.