

HI, THE SUMMER IS HERE AND I DID GET THE IDEA OF HAVING INDOOR BIGFOOT FABRIC FLIP FLOPS INSTEAD OF SLIPPERS.

WHEN I'M GOING OUT FLIP FLOPS ARE PERFECT FOR PUTTING THEM ON MY FEET AND THEN WHY DON'T I HAVE ONE PAIR FOR THE SLIPPER VERSION? SO NOW I HAVE IT, AND YOU COULD HAVE THEM TOO.

PS DID I MENTION THIS IS A RECYCLE PROJECT? I KNOW YOU ALREADY LOVE IT. OK, I LOVE THEM. MY KID LOVES THEM, (YES, I DID GET ONE ORDER FROM HER, BUT I THINK WE WILL USE THEM IN A KINDERGARTEN INSTEAD OF HER SLIPPERS). THIS IS SIMPLE STEP BY STEP TUTORIAL IN A TUTORIAL GIRL STYLE WITH A LOT OF PHOTOS

ENJOY THE LONG SUMMER AND MAKE YOUR FAVORITE PAIR FOR YOURSELF OR YOUR FAMILY MEMBER.

PSS I THINK IT COULD BE POSSIBLE TO PUT SOME RUBBER OR LIQUID RUBBER ON THE BOTTOM, SO THEY COULD BE WEARABLE EVEN OUTDOOR OF YOUR HOME....JUST ONE MORE IDEA.

MORE OF MY PATTERNS YOU COULD FOUND ON MY BLOG BLUDOR MAGAZINE.

[WWW.BLUDOR.COM/BLOG](http://www.bludor.com/blog)

PS, SOME OF THEM ARE EVEN FREE; YEY.

my *Etsy* store:

<http://www.etsy.com/shop/TutorialGirl>

You could send me an email:

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Level of difficulty - Easy



# Indoor Bigfoot jeans recycle flip flops

design by Tutorial Girl





**01. For indoor fabric flip flops we need to have:**

- (1.) Recycle favorite jeans in to small scraps and sew them in a fabric collage with free motion stitches:
- (2.) foot size yoga mat - foam
- (3.) 20 cm of shoe lace (for both flip flops)
- (4.) embroidery floss
- (5.) seam scraps from our jeans pants



**02.** At the back of the picture is our finished flip flop and at the front is our new scraps patchwork fabric.



**03.** Draw and cut your foam a little bigger than your foot is. (Mine are 1 cm all-around but I like to have really "bigfoot" flip flops. You could copy your favorite pair if you like the shape.  
For top jersey cut 6 mm bigger fabric than foam is.



**04.** Bottom fabric (I will use black jeans) need to be bigger than top jeans if you want to have stitches on top edge of the flip flop. Look your foam thickness and use this for reference.



**05.** Make a zig zag stitch all-around both fabrics.



**06.** Put top fabric on a foam center, and use pins for secure it.



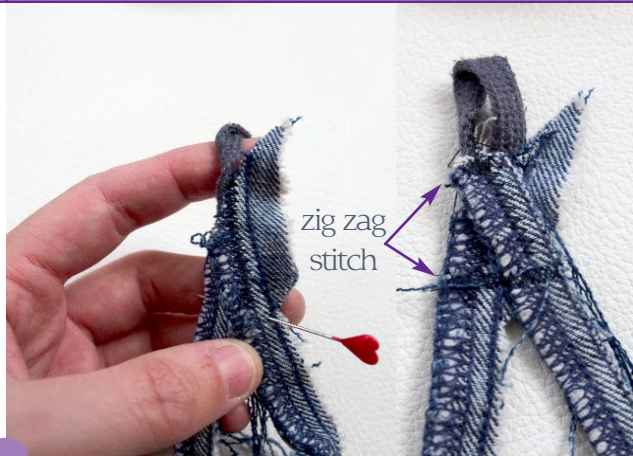
07. With awl make a hole between first two fingers.



08. Now we will start to make straps for our leg.



09. Cut 10 cm long shoe lace and sew it on both edges with 2 cm on a seam scraps jeans with zig zag stitch.



10. Twist and make a loop and secure the position with a zig zag stitch.

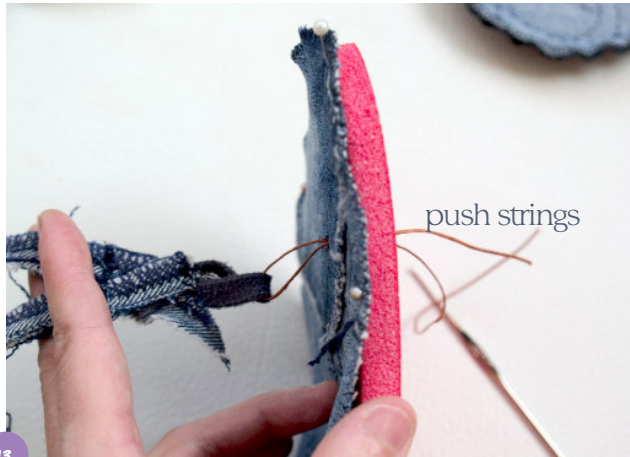


11. Use small crochet hook and push it from bottom shoe to the top, so you could grab your "twisted sewn scrap hook". (Next picture).



12. Use strong string and put it through the twisted loop.





13. Push both string ends on a bottom of the shoe, so you could push "the twisted strap" through the hole. If your hole is too small, cut a little with your scissors in x shape, (just the fabric).



14. Cut a strap of fabric and on one end cut one of the edge off and put the type on it, so you could push the fabric piece through "the twisted strap hole".

**Note:**

*We will cut the ends off latter.*



15. Pin the fabric ends on shoe, and secure it with a few stitches. (read next step too).



16. In the sewing step as before, cut a little rectangular shape piece of fabric and place it around our "twisted straps". Cut too long tail off and sew it with few stitches in place. Look next picture.



17. Sewing the piece between first two fingers.



18. Put your foot in the future shoe and measure how long your straps need to be and found the right position. Pin it on its place but just on a fabric piece (not on the foam).



19. Sew the zig zag stitch on the edge; and also sew back and forth a few times so the stitch will be super strong.



20. Position the top fabric on a foam shoe with your pins. Then put the bottom fabric on its place.



21. Pin the bottom fabric too. I plan to sew my stitches on top foam edge, so both fabrics are meet each other on this edge with 6 mm fabric for seam allowance.



22. With embroidery floss start sewing both fabrics together.



23. At the toe sides we have too long "fabric tail" between bottom fabric and foam shoe shape. We will sew this "tail" between both fabrics and then cut the rest off.



24. Use as much embroidery floss as you like. I did put one more seam scraps and sew them with embroidery floss.

*Enjoy in sewing and have a nice day  
lidija mik a.k.a. tutorial girl*

